

392

MILBURN'S
POCKET

MEMORANDUM
AND
CASH BOOK

PUBLISHED BY

The T. MILBURN CO. Limited

643 West King St.

TORONTO, - ONTARIO

PRESENTED BY

FLETTON'S

DRUG STORE

FREE MARKET

ORWELLVILLE

F5012

1909

M638

Dr. Wood's Norway Pine Syrup



Is rich in the lung-healing virtue of the Norway pine tree, skilfully combined with Wild Cherry Bark and the soothing and expectorant properties of other pectoral herbs and barks. It is a pleasant, safe and effectual medicine, that may be confidently relied upon as a specific for Coughs and Colds of all kinds, Hoarseness, Sore Throat, Pain in the Chest, Asthma, Bronchitis, Croup, Whooping Cough, Quinsy, Influenza, and all troubles of the Throat and Lungs.

It will stop that tickling in the throat which causes the dry cough that keeps you awake at night.

Don't neglect a Cough or Cold; it can have but one result. It leaves the throat or lungs, or both, affected. A single dose of Dr. Wood's Norway Pine Syrup will convince you that it will stop the cough, soothe the throat, and start you on the road to recovery.

MR. FRANK K. PURDIE, Brandon, Man., writes: "I have used your Dr. Wood's Norway Pine Syrup for some years and have always found it a sure remedy for all Colds, Coughs, Sore Throat, Hoarseness, etc. I cannot too highly recommend it to anyone suffering from any effect of Cold."

Price, 25 cents, at all dealers.

TO OUR FRIENDS AND PATRONS

The habit of taking notes of events, dates, etc., for future reference, also keeping track of cash, received and expended, is so general that a pocket Memorandum and Cash Book becomes almost a necessity to all. We have endeavored to meet this public want free of cost and all we ask in return is a careful perusal of the reading matter opposite the blank pages.

The remedies advertised in this book have been on the market for years and are not new and untried.

Burdock Blood Bitters considered by all who have used it, the best blood medicine known, has been in use for about thirty-two years.

Dr. Fowler's Extract of Wild Strawberry—first manufactured in 1845—has been and is to-day curing thousands of cases of diarrhoea, dysentery and all bowel complaints.

Milburn's Heart and Nerve Pills have been on the market for about fifteen years and the steady increase in their sale proves them an excellent heart and nerve medicine.

Milburn's Laxa-Liver Pills, another tried remedy, for the cure of all liver disorders are about fifteen years old. As are

Doan's Kidney Pills, with their enormous sales in Canada, England, India, South Africa, Australia, and the United States.

Dr. Wood's Norway Pine Syrup is a trusty remedy to use in all cases of coughs, colds, or any throat or lung trouble. Any further information about the different remedies required by our readers will be gladly and gratuitously supplied by THE T. MILBURN Co., LIMITED, 643 West King Street, Toronto, Ont.

F5012-1909-M638

How Does Your Heart Beat?

Heart disease is characterized by its stealthy approach and its variety of forms, yet in all its forms nature gives unmistakable signals which warn us of its presence.

Palpitation, throbbing, irregular beating, pain in the breast, smothering feeling, faint, dizzy feeling on rising quickly, shortness of breath, flushing of the face, feeling of oppression and anxiety, are all manifestations of heart trouble.

If you have anything wrong with your heart

MILBURN'S HEART AND NERVE PILLS

Will Cure You.

They have a soothing and calming effect on the nervous system, combined with a tonic, invigorating and restoring action on the heart itself.

MR. WM. D. ROBERTS, Ingramport, N.B., writes: "I have been troubled with palpitation of the heart for a number of years and have tried different kinds of remedies, but without much benefit until I was induced to try Milburn's Heart and Nerve Pills and I can say after using three boxes I am as well as ever."

L. E. NOLAN, Perth, Ont., writes:—"Having used some of your Milburn's Heart and Nerve Pills, I find them a great remedy and I highly recommend them to all those troubled with weak nerves."

Price 50 cents per box or 3 for \$1.25 at all dealers or mailed direct on receipt of price.

May, 1909

S	M	T	W	T	F	S
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30	31	—	—	—	—	—

Milburn's Laxa-Liver
Pills are purely vege-
table. They gently
stimulate the liver and
free the stomach from
bile.

June, 1909

S	M	T	W	T	F	S
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13	14	15	16	17	18	19
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27	28	29	30	—	—	—

Received for Butter

May

\$10

May for Butter	\$11	75cts
May for Butter	\$11	25cts
for potatoes	\$2	25c
Butter	\$10	40
Calves	\$15	

302834

"I Wish I Was Dead"

This is the cry of many a weary dyspeptic as day after day he suffers from the after effects of some indiscretion in diet.

There is no need for any person to be troubled with this terrible affliction when so simple a remedy as Burdock Blood Bitters can be so easily procured.

It has cured thousands of others and it will cure you if you will only give it a fair trial.

Mrs. Geo. H. Riley, "I suffered for years from West Liscombe, Dyspepsia and could get no relief until I started to use N.S., writes: Burdock Blood Bitters. After I had taken three bottles I was completely cured and can eat anything now."

Mrs. John Miller, "I have used Burdock Blood Linton's, N.B., Bitters for Dyspepsia, from which I was a great sufferer and writes: I found that it helped me wonderfully."

Mr. Amos Sawler, "I was greatly troubled with Gold River, N.S., Dyspepsia, and after trying writes: several doctors to no effect I commenced taking Burdock Blood Bitters and think it is the best medicine there is for that complaint."

Mrs. W. Grant, "I can highly recommend Sydney, C.B., Burdock Blood Bitters. I find writes: it has helped me wonderfully for Dyspepsia. We shall always keep a bottle of it in our home."

July, 1909

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Dr. Fowler's Extract
of Wild Strawberry will
immediately effect a
cure in all cases of Diar-
rhœa and Dysentry.

August, 1909

S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31

~~none~~

5 Butter

\$10

2 " "

10

00

9 "

9

30

5 Calf

8

1 Sheep calf

30

6 Butter

9

60

Dr. Fowler's Extract of Wild Strawberry

Has been known for over sixty years as a positive cure for all Bowel Complaints; always reliable as a cure for Diarrhoea, Dysentery, Colic, Cramps, Pain in the Stomach, Cholera, Cholera Morbus, Cholera Infantum, and all Fluxes of the Bowels.

It is good for both children and adults, and is safe, reliable, natural and effective.

Be sure when asking for Dr. Fowler's Extract of Wild Strawberry that the unscrupulous dealer does not palm off a cheap substitute on you.

Price 35 cents.

SUMMER COMPLAINT.

MRS. G. BODE, Lethbridge, Alta., writes:—"We have used Dr. Fowler's Extract of Wild Strawberry and found it a great remedy for Diarrhoea, Summer Complaint and Cramps. We would not like to be without it in the house."

CHOLERA INFANTUM.

MRS. CYRUS BALKWILL, Arner, Ont., writes:—"I have used Dr. Fowler's Extract of Wild Strawberry for my children and find it to be the best medicine I ever used for Cholera Infantum."

HAD DIARRHŒA SEVEN WEEKS.

MRS. A. B. DE MERCHANT, Bath, N.B., writes:—"My baby was troubled with Diarrhoea for nearly seven weeks. I tried three different doctors but none of them could do her any good. I was advised to try Dr. Fowler's Extract of Wild Strawberry and less than half a bottle cured her."

September, 1909

October, 1909

S	M	T	W	T	F	S
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5	6	7	8	9	10	11
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19	20	21	22	23	24	25
26	27	28	29	30		

Used up and tired
men and women will
find that Milburn's
Heart and Nerve Pills
will restore the lost
vitality.

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

3	Butter	\$	9	60
10	.	\$	10	65
12	pig	\$	20	
7	Butter	\$	9	40
11	Butter	\$	10	13
1	Butter	\$	11	

MILBURN'S



LAXA-LIVER PILLS.

The blending of the several ingredients in these pills, is such that they act in perfect harmony with one another, and work on the system without any griping, purging or debilitating effects, curing Constipation, Sick Headache, Biliaryness, Coated Tongue, Foul Breath, Heartburn, Water Brash, Sour Stomach, Catarrh of the Stomach, Liver Complaint, Jaundice, and all sickness arising from a disordered or diseased condition of the stomach, liver or bowels.

HEADACHE CURED.

MISS ISABELLA DE COSTE, Linwood, N.S., writes: "I have used Milburn's Laxa-Liver Pills for headache and found them the only pill that gave me relief."

HEARTBURN CURED.

MR. JOHN H. SMITH, Treherne, Man., says:—"I cannot speak too highly of Milburn's Laxa-Liver Pills. I have never been troubled with heartburn, from which I used to suffer, since I used your pills."

HEADACHE AND HEARTBURN.

MR. EDWARD J. HART, Fort Hood, N.S., writes:—"I have used Milburn's Laxa-Liver Pills for heartburn and headache and cannot recommend them too highly to other sufferers."

Milburn's Laxa-Liver Pills are 25 cents per bottle or 5 bottles for \$1.00 at all druggists or dealers.

August

November, 1909

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Doan's Kidney Pills
cure all forms of kidney trouble and cure them to stay cured.

December, 1909

S	M	T	W	T	F	S
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ab

7	Butter	\$8	45
4	Butter	\$7	45
1	Butter	\$6	25
9	Butter, potatoes		
5	Shingling	\$8	50
13	Cattle	\$7	50
		\$15	

Common Symptoms of Kidney Disease

Are you aware that kidney troubles are responsible for more deaths than any other class of disease?

A simple and unfailing test to find out whether the kidneys are diseased or not is to set aside a quantity of urine in a bottle or other glass vessel for 24 hours. If there is a sediment or settling it will indicate unhealthy kidneys.

When the urine stains cotton or linen it is evidence of kidney trouble.

If there is an unusual flow of urine, or if it is scanty or highly colored, or there is a frequent desire to urinate, and smarting, the kidneys are diseased.

Besides the urinary symptoms the following are indications of kidney trouble.

Pain in the back and backache, frightful dreams, specks floating before the eyes, puffiness under the eyes and swelling of the feet and ankles, bad taste in the mouth, rheumatic pains in the joints, etc.

However not all of the above symptoms are present in any one case; but, if you have any of them it would be wise for you to start taking

DOAN'S KIDNEY PILLS.

Price, 50 cents per box or 3 for \$1.25 at all dealers or mailed direct on receipt of price, by THE DOAN KIDNEY PILL Co., Toronto, Ont.

MRS. JOHN NETTLETON, Woodstock, Ont., writes: "I cannot say too much about the benefit I received after the using of a box of Doan's Kidney Pills. I was greatly troubled with an aching pain in my back and your pills completely cured me."

September

January, 1910

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That hacking cough or stubborn cold can be quickly cured by the use of Dr. Wood's Norway Pine Syrup.

February, 1910

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20	21	22	23	24	25	26
27	28

4	building fence	9	05
11	Butter	7	45
7	Shingling	7	.
1	Butter	7	15
9	Butter potatoes	9	.
5	Butter	7	15

Cure That Cough!

YOU CAN DO IT BY USING

Dr. Wood's Norway Pine Syrup

THE MOST PERFECT THROAT AND LUNG
HEALER IN THE WORLD.

Dr. Wood's Norway Pine Syrup gives prompt relief from that choked up, stuffed up feeling which is so distressing, it loosens the phlegm, checks the rasping and useless cough, and heals and soothes the irritated breathing organs. It is a pleasant preparation to take and is therefore specially adapted to the coughs and colds of children and those who dislike nauseous mixtures.

This is no vain boast, but a fact that can be backed up by unimpeachable testimony. One 25 cent bottle, indeed, a trial dose, will prove its merits.

MISS C. M. WOODCOCK, Kinmount, Ont., writes:—
“For some time I suffered from a lingering cough. I was afraid it would turn to consumption, and, as I had tried many remedies and found no cure I asked my father to get me a bottle of Dr. Wood's Norway Pine Syrup. When I had taken that bottle I was so much better I got three more, and I am now completely cured.”

March, 1910

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6	7	8	9	10	11	12
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27	28	29	30	31

Burdock Blood Bit-
ters is pronounced by
all users to be the best
spring medicine.

April, 1910

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						2
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24	25	26	27	28	29	30

Boils and Pimples

These troublesome afflictions are caused wholly by bad blood and an unhealthy state of the system, and can be easily cured by the wonderful blood cleansing properties of

Burdock Blood Bitters

Many remarkable cures have been made by this remedy and not only have the unsightly skin diseases been removed, and a bright clear complexion been produced, but the entire system has been renovated and invigorated at the same time.

Boils and Pimples. MR. ROBERT PARTON, Millbank, Ont., writes:—"Some time ago I was troubled with boils and pimples which kept breaking out constantly. After taking two bottles of Burdock Blood Bitters I am completely cured."

Pimples. MR. DENNIS P. SAMMON, Osceola, Ont., writes:—"I was troubled with pimples all over my face and hands. I paid out money to the doctors but they could not do me no good. A friend convinced me to try Burdock Blood Bitters and after using two bottles the pimples vanished and I have not been troubled with them since."

Boils. MRS. GEORGE AULENBACH, Sweetland, N.S., writes:—"I have been troubled with boils for several months and although I tried numerous remedies I could not get rid of them. A friend advised me to use Burdock Blood Bitters and after using two bottles I was completely cured and I cannot recommend it highly enough."

Cash Memo

Mrs. A. E. Morton, Jordon,
N.S., writes:—"I was subject to
dizziness and found Milburn's
Laxa-Liver Pills the only remedy
that would cure me."

A GRATEFUL WOMAN

Was Weak and Run Down

MRS. J. H. ARMSTRONG, Port Elmsley, Ont., tells of her experience with Milburn's Heart and Nerve Pills. She writes:—"It is with gratitude I tell how your Heart and Nerve Pills benefitted me. I was very weak and run down, had headaches nearly every day and very often would faint away, in fact my doctor said that sometime I would never come out of the faint. It was through one of your travelling agents that I was induced to try Milburn's Heart and Nerve Pills and after taking three boxes I am glad to relate it has been a number of years since I had a fainting spell and scarcely ever have a headache. Too much cannot be said in praise of Milburn's Heart and Nerve Pills for in me they have effected a perfect cure."

Milburn's Heart and Nerve Pills are 50 cents per box or 3 boxes for \$1.25. They can be procured at any drug store or general dealer or will be mailed direct on receipt of price.

See the daily or weekly papers for further cures than those advertised in this book.

October

Cash Memo

Mr. E. J. Milton, Elgin, N.B., writes:—"I used to be greatly troubled with boils, but since using Burdock Blood Bitters I have got rid of them entirely."

cts

2	Bitters	10	85
2	Potatoes	1	50
9	Butter	7	80
16	Bitters	6	50
23	Butter	6	50
23	Potatoes	1	50
30	Butter pot	12	

Diarrhoea, Dysentery, Summer Complaint and all Bowel Troubles CURED BY **Dr. Fowler's Extract of Wild Strawberry**

Mrs. Gordon Helmer, Newington, Ont., writes: "I have used Dr. Fowler's Extract of Wild Strawberry for Diarrhoea and never found any other to equal it. There are many imitations but none so good as Dr. Fowler's."

Mr. C. W. Brown, Grand Harbor, N.B., writes: "I consider Dr. Fowler's Extract of Wild Strawberry to be the best remedy for Summer Complaint, as it cured me of a very bad case. I can recommend it highly to any one."

Miss M. Hopkins, Roseview, Sask., writes: "I have used Dr. Fowler's Extract of Wild Strawberry and found it is all it is recommended to be for Diarrhoea and Summer Complaint. We would not be without a bottle of it in the house."

Mrs. Robt. Stewart, Portage-Du-Forte, Que., writes: "Last summer my baby was very bad with Summer Complaint. I got a bottle of Dr. Fowler's Extract of Wild Strawberry and after giving him a few doses he was completely cured."

November

Cash Memo

Mrs. Ephriam Veino, Hemford, Que., writes:—"For over a year I was greatly troubled with nervousness and loss of appetite, and could neither eat or sleep. After taking a few boxes of Milburn's Heart and Nerve Pills I was completely cured."

MILBURN'S LAXA-LIVER PILLS

At times everyone is bilious, the liver is overworked, bad bile is accumulated, it enters the blood and causes a general clogging up of the secretions, thus bringing on Constipation, Headache, Indigestion, etc.

No one escapes the Headaches, Liver Complaint, Jaundice, Heartburn, Water Brash, and the tired, weary feeling which follows wrong action of the liver, but if you will take Milburn's Laxa-Liver Pills, the highly concentrated strictly vegetable little pills for the liver, you will be cured.

Miss H. Williams,
Sydney, C.B.,
says:

"About a year ago I was greatly troubled with a dizzy head. I had floating specks before my eyes when I would stoop down and then stand up, and then I would get so dizzy I would nearly fall over. Having read of a lot of cures by Milburn's Laxa-Liver Pills I decided to try them, with the result that I am now cured and I believe them to be unequalled for head troubles and would recommend them to all."

Miss Mary Campbell,
Wingham, Ont.,
writes:

"I have used Milburn's Laxa-Liver Pills for Constipation and have found them to be very good. Our family doctor prescribes them for his patients."

Mr. S. Gingerich,
Zurich, Ont.,
writes:

"I had suffered for years with Liver Complaint and although I tried many medicines I could not get rid of it. Seeing Milburn's Laxa-Liver Pills advertised I decided to try them and after using them for four months I was completely cured."

Cash Memo

Mrs. S. Greatorer, Thamesford
Ont., writes: — "I can readily
recommend Dr. Fowler's Extract
of Wild Strawberry as I fully
believe it was the means of sav-
ing my baby's life from a serious
attack of teething diarrhoea."

December

15

sawing \$3

11

carpenter 10/- 3 50

DOAN'S KIDNEY PILLS

Rich and poor, feeble old age and vigorous youth alike suffer from the improper action of the kidneys.

The kidneys are put into our bodies to filter the impurities and poisons out of the blood, and discharge them by way of the bladder. If they are unable to perform their work the poisons stay in the blood and are carried back through the system, therefore, to be well we must keep the kidneys well.

This can be done without any trouble by the use of Doan's Kidney Pills.

We give below a few testimonials of those cured by their use.

SUFFERED SEVERE PAIN.

"I was suffering with a severe pain in my back and tried several so called curable remedies, but without any noticeable benefit. After having used a few boxes of Doan's Kidney Pills, the pain disappeared entirely and I have never been troubled with it since.—MR. CHAS. LONGACRE, Winnipeg, Man."

LINIMENT AND PLASTERS NO GOOD.

"For years I was troubled with weak back. Oftentimes I have laid in bed for days, being scarcely able to turn myself and have also been a great sufferer while trying to perform my household duties. I had doctors attending me without avail and have tried liniments and plasters but nothing seemed to do me any good. I was about to give up in despair when my husband induced me to try Doan's Kidney Pills and after using two boxes I am now well and able to do my work. I am positive Doan's Kidney Pills are all that you claim for them and I would advise all kidney sufferers to give them a fair trial.—MRS. ARCH. SCHNARE, Black Point, N.B."

Cash Memo

Mrs. Joseph A. Ritchie, Hortonville, N.S., writes:—"I was very much troubled with a hacking cough. One of my friends recommended Dr. Wood's Norway Pine Syrup. After taking one bottle I was completely cured."

Are You Nervous ?

Our pace is so swift in all departments of life, that we scarce can give our nerves that opportunity for rest and quiet, so necessary for their proper action.

YOUNG GIRLS AND BOYS straining at their school tasks, when they should be sleeping.

BUSINESS MEN, overworked and over worried by their business enterprises.

WOMEN worn out by household cares and duties never ending.

All these, sooner or later, find themselves with shattered nerves, or weak hearts.

Milburn's Heart and Nerve Pills will help you back to health and enable you to undertake the tasks before you with a clear brain and steady, strong nerves.

MRS. DANIEL SHUPE, New Ross, N.S., writes:—
“ Hearing Milburn's Heart and Nerve Pills recommended so highly I thought I would give them a trial. I used several boxes for the heart and run down nervous system. They did me so much good I cannot praise them enough. They are worth their weight in gold and worthy of the greatest of praise.”

Price, 50 cents per box or 3 boxes for \$1.25 at all dealers or sent direct on receipt of price.

Cash Memo

Mr. John L. Doyle, Sutton West, Ont., writes:—"I was troubled with a pain in my back for some time, but after using two boxes of Doan's Kidney Pills I was entirely cured and can speak highly in their favor."

January 1921 ~~cts~~
1 interest ~~\$~~ 20.90

Are You Troubled With Headache ?

It is not necessary to describe the different symptoms of headache, more than to say it is generally caused by a disordered stomach or bad circulation.

Among the common varieties, we might name: Sick or bilious headache, nervous, spasmodic and periodical, headache from Constipation or Indigestion, or headache from general debility. In all of these cases the first thing to do is to unload the bowels and thus relieve the affected organs or the over-full blood vessels of the brain; and at the same time re-establish the appetite, promote digestion and invigorate the entire body.

BURDOCK BLOOD BITTERS

will remove the cause of the trouble, strengthen the stomach, liver and bowels, and thereby banish all the headache.

MRS. HENRY BECK, Blockhouse, N.S., writes:—
“I have been troubled with headache for several years and have tried almost everything without any results, until a friend advised me to try Burdock Blood Bitters. I procured two bottles and they effected a complete cure, so I cannot recommend it too highly.”

MRS. ROBERT GRAY, Penobsquis, N.B., writes:—
“I take great pleasure in recommending Burdock Blood Bitters, as I was greatly troubled with headache, and after using one bottle of the medicine I was completely cured, and now I would not be without it in the house.”

MISS L. DEARY, Hazeldean, Ont., writes:—“I was troubled with a severe headache for over two months. I was advised to try Burdock Blood Bitters. I took three bottles, and have found it to be an excellent remedy.”

Magic Age Table

To ascertain any person's age with the aid of this table, request him to inform you in which column or columns his age is contained; add together the figures at the top of the columns in which his age is to be found, and you have the secret. Thus, supposing his age to be seventeen, you find that number in the first and fifth columns; add the first figures of these two columns. Here is the magic table:

1	2	4	8	16	32
3	3	5	9	17	33
5	6	6	10	18	34
7	7	7	11	19	35
9	10	12	12	20	36
11	11	13	13	21	37
13	14	14	14	22	38
15	15	15	15	23	39
17	18	20	24	24	40
19	19	21	25	25	41
21	22	22	26	26	42
23	23	23	27	27	43
25	26	28	28	28	44
27	27	29	29	29	45
29	30	30	30	30	46
31	31	31	31	31	47
33	34	36	40	48	48
35	35	37	41	49	49
37	38	38	42	50	50
39	39	39	43	51	51
41	42	44	44	52	52
43	43	45	45	53	53
45	46	46	46	54	54
47	47	47	47	55	55
49	50	52	56	56	56
51	51	53	57	57	57
53	54	54	58	58	58
55	55	55	59	59	59
57	58	60	60	60	60
59	59	61	61	61	61
61	62	62	62	62	62
63	63	63	63	63	63

A Few Words of Praise

For

Dr. Fowler's Extract of Wild Strawberry

The Greatest of all Cures for Diarrhoea, Dysentery, Colic, Cramps, Cholera, Cholera Infantum, Cholera Morbus, Pain in the Bowels, Seasickness, and all Fluxes of the Bowels.

From Zorra, Sask.

MRS. A. HALLING, JR., says:—"I take pleasure in recommending Dr. Fowler's Extract of Wild Strawberry to all who suffer from Diarrhoea, Cramps or Summer Complaint. Last summer (1906), during the hot spell, my six months' old baby took a bad attack of Summer Complaint. I procured a bottle of your medicine and it completely cured him."

From Hemmingford, Que.

MRS. ED. STRINGER says:—"I have used Dr. Fowler's Extract of Wild Strawberry with excellent results. I always keep it in the house as it is the best cure for Diarrhoea that can be had."

From Arthur, Ont.

MRS. WM. FLEWELLING says:—"I find it much pleasure to recommend Dr. Fowler's Extract of Wild Strawberry, as a grand cure for Summer Complaint. My little boy, one year old, was very bad with it, and a few doses cured him. I also used it on my other six children for cramps and still have half the bottle left. I cannot praise it too much."

Price, 35 cents. Beware of imitations and substitutes sold by unscrupulous dealers for the sake of greater profits. They are dangerous to your health.

Accidents and Emergencies

WHAT TO DO TILL THE DOCTOR COMES.

Faintings, Fits, etc.—Place the patient in a horizontal position with the head low, give warming stimulants and inhalations of hartshorn, camphor, etc. Give free access to pure air.

To stop the Flow of Blood.—If an artery in a limb is severed, quickly wind a handkerchief around the limb between the wound and the body, and insert a stick in the handkerchief and twist as tightly as the patient will bear. Apply cold astringent lotions, or compressing, or some dry powder like wood soot, to help stay the flow of blood.

Nose Bleed.—Press a wad of brown paper tightly under the upper lip against the nostrils, and plug the nostrils with cold astringents, such as alum water, etc.

Cut Wounds.—Bring the edges tightly together with a stitch or by sticking plaster or Egyptian Salve, and apply a compress and bandage of soft linen. If painful and throbbing, apply soft poultices of bread and milk, or powdered linseed, or slippery elm.

Poisons.—In all cases of suspected poisoning, send at once for medical aid; in the meantime give a strong emetic and induce vomiting. A teaspoonful to a tablespoonful of ground mustard in a half pint of warm water is a quick and safe emetic, or a similar dose of ipecac. Repeat the drinking till it produces vomiting.

Sprains and Bruises.—Keep the parts perfectly at rest, and apply warm poultices of cloths wrung from hot water. Get British Troop Oil Liniment and use as directed.

Scalds and Burns.—If a person's clothing takes fire, roll them quickly in a blanket or anything handy to exclude the air and smother the flames. In entering a burning building, to avoid suffocation creep closely to the floor; remember that heat and smoke rise. If a burn be blistered, avoid removing the skin or opening the blister. Cover it with a thick paste of starch or soot, or cloths soaked in a mixture of one-third water and two-thirds linseed oil.

Accidents and Emergencies

WHAT TO DO TILL THE DOCTOR COMES.

Frost Bites.—Rub the frozen parts with snow, or apply cold water until the frost is extracted, and then procure Hagyard's Yellow Oil as soon as possible, which quickly removes all pain and soreness and prevents inflammation.

Bee Stings and Bites of Poisonous Reptiles.—Cleanse the parts and apply spirits of hartshorn and sweet oil (equal parts), or a poultice of onions or moist clay.

Choking.—Invert the body and slap smartly on the shoulders; if this does not dislodge the substance, insert the finger or a flexible pipe into the throat and push the substance downward.

Cramps, Colic, Pleurisy, and Sudden Inflammations.—Give warming stimulants, such as ginger tea, red pepper tea, a teaspoonful of soda in a draught of peppermint water, and apply hot packs of cloth wrung from hot water.

Foreign Substances may often be drawn from the ear by inserting a syringe and drawing upon the piston, thus removing it by suction where it cannot be otherwise reached.

How to save a Drowning Person.—It may not be generally known that when a person is drowning, if he is taken by the arm behind, between the elbow and shoulder, he cannot touch the person attempting to save him, and whatever struggles he may make will only assist the person holding him to keep his head above water. A good swimmer can keep a man thus above water for an hour. If seized anywhere else the probability is that he will clutch the swimmer, and perhaps, as is often the case, both will be drowned.

Mustard Plaster.—Take a tablespoonful of treacle, more or less, as desired; stir thick with mustard, and having spread it on a cloth, apply it directly to the skin; it will not blister even if kept on for an hour.

For Constipation, Sick Headache,
Biliousness, Heartburn, Liver
Complaint use

MILBURN'S
Laxa-Liver
PILLS

Everybody suffers occasionally from torpidity or wrong action of the Liver. This produces nausea, faintness, headaches, tired weary feeling, etc.

Like magic is the action of Milburn's Laxa-Liver Pills to anyone suffering in this way.

They cure in every case and do not gripe or pain.

One pill each night for 30 days will cure constipation.

THOUGHT SHE WOULD LOSE HER MIND.

"I suffered severely for years with heartburn and headaches, and could get nothing to relieve me.

I was also troubled with dizziness and specks floating before my eyes, and was in fear of losing my mind. I was persuaded to try Milburn's Laxa-Liver Pills, and I found them the best medicine I ever used. I highly recommend them for I think they made a perfect cure of me.—MRS. JOHN CONNOR, Burlington, N.S."

Price, 25 cents per bottle or 5 for \$1.00 at all dealers.



Cure All Kidney Troubles



When the kidneys fail to filter the blood, then there passes into the system uric acid and other virulent poisons, which bring in their train the severest and most deadly diseases known to science.

On the first evidence of backache or any urinary troubles Doan's Kidney Pills should be used and serious diseases, such as Bright's Disease, Diabetes, Dropsy, and Rheumatism avoided.

The price is 50 cents per box or 3 boxes for \$1.25 at all dealers or will be mailed on receipt of price, by THE DOAN KIDNEY PILL Co., Toronto, Ont.

PAIN IN BACK.

MRS. GEO. MEADOWS, 39 Centre Street, Woodstock, Ont., says:—"I cannot say too much about the benefit I got from using a few boxes of Doan's Kidney Pills. I was always complaining of a pain in my back; it would go away for a few days and come back again. I was told to try your pills and I would not be without them in the house now."

RHEUMATISM.

MR. LORNE SCANNELL, Espanola, Ont., says:—"I think it my duty to write and tell you that I think Doan's Kidney Pills a sure cure for Rheumatism, with which I was troubled in my shoulders and back, for over three years. I used a lot of drugs but could get no relief until I was told to try Doan's Kidney Pills. I used three boxes and they effected a complete cure as I have not been troubled with it for over eighteen months."

Dr. Wood's



Norway Pine Syrup

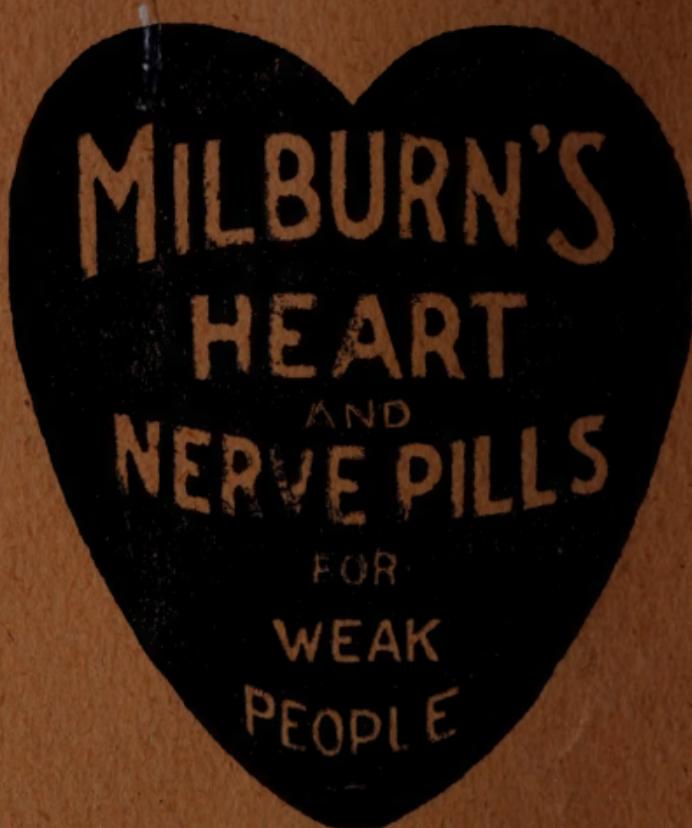
There are few, indeed, who are not fully aware of the lung healing virtues of the pine tree, but not everyone though, whose lungs are effected can go and live where these trees breathe out their curative virtues.

Dr. Wood's Norway Pine Syrup contains all the virtues of the world famous Norway pine tree, combined with Wild Cherry Bark and the soothing, healing and expectorant properties of other herbs and barks.

Colds, Coughs, Bronchitis, Hoarseness or any throat or lung trouble will yield quickly to the unexceptional curative powers of this wonderful remedy.

MRS. JOHN CRUMLEY, Chatham, N.B., writes:—
“My husband took a very bad cold last fall. He tried several remedies but they did not do him any good so I advised him to try your Dr. Wood's Norway Pine Syrup. He took the bottle I bought and it gave him immediate relief. I would not be without a bottle of it in the house even if I had to borrow the money to buy it with.”

Price, 25 cents at all dealers.



They restore enfeebled, enervated, exhausted, devitalized or overworked men and women to perfect constitutional power. MR. WM. CASTILLOUX, Newport, Que., writes:—"I was troubled for over a year with weak heart, I was very nervous and my head was dizzy. At times I felt as if I would die. I was advised to try Milburn's Heart and Nerve Pills, and after taking one and one-half boxes I was completely cured."

Price, 50 cents per box or 3 boxes for \$1.25, at all dealers or mailed direct on receipt of price.